## The Facelist Band Instructions









- STEP 1 On each side of your head, pinch a small section of your hair at your hairline just above your ear. Give it a slight tug backwards to see if this is the correct section to slightly lift your eyes and forehead when gently pulled (backwards) away from the face.
  - Option 1: Secure this section of hair with the enclosed rubberband.
  - Option 2 (Without Rubberbands): Twist this hair and secure with a bobbypin.

Make a part from behind each secured section of hair around the back of the head, and hold with a clip.

- STEP 2 Take The Facelift Band and adjust all the way out. The band should be as loose and as long as possible. Slide the clips into the front of the rubberbands and snap into place on both sides.
- STEP 3 Adjust the bands so that they are a snug and comfortable fit. (The amount of eye and brow lift that is accomplished depends on the level of resistance of the band from one clip to the other.)
- STEP 4 Release the hair on top of the head to cover the band and style as usual.

Instructional Video available at www.TheFaceliftBand.com